

# Thanksgiving Holiday Class Schedule

Attention Members: The following classes **WILL** be offered during the Thanksgiving Holiday.

All other regularly scheduled classes are cancelled.

## Wednesday 11/21 ~ Club Closes at 4:00pm

6:00-7:00	Hatha Yoga	Melissa
6:00-7:00	Ripped	Collin
7:00-8:00	Pre-Masters Swim	Ann
8:00-9:00	Water Fitness	Judy
9:00-10:00	Water Fitness	Judy
9:15-10:00	Indoor Cycle	Caryl
9:15-10:15	X-Treme Muscle	Amy
10:30-11:30	Pilates Mat	Gwen
10:45-11:45	Not-So-X-Treme	Alice
11:00-12:00	Masters Swim	Catherine
12:00-12:55	Indoor Cycle	Sue
12:00-1:00	Hatha Yoga	Vickie
2:00-3:15	Gentle Yoga	Kathy

Thursday 11/22 ~ Club Closed ~

*Happy Thanksgiving!*

## Friday 11/23 ~ Club Opens at 7:00am

7:30-8:30	Indoor Cycle-Special Turkey Burner!	Sarah
8:00-9:00	Water Fitness	Judy
9:00-10:00	Water Fitness	Judy
9:15-10:15	X-Treme Muscle	Anne
9:15-11:15	Indoor Cycle-Special Turkey Burner!	Lori
10:00-12:00	Masters Swim-Special Turkey Burner!	Collin
10:30-12:00	Zumba-Special Turkey Burner!	Zumba Team
12:45-1:45	Restore Yoga	Kathy
5:30-6:30	Yoga	Courtney