

Parents of Newborns

**You can workout
in Studio Four
with your baby !**



- D Our policy, waiver and release form must be signed
- D Check with your physician before you start exercising
- D Display your baby pass on the baby carrier
- D Newborns must be in their carriers at all times
- D Newborns must be in the room with the parent in full view and supervised closely at all times
- D No babies over six months are to be in Studio Four
- D Studio Four can only be used when classes or meetings are not scheduled. The schedule can change without notice
- D Please ensure that your newborn doesn't infringe on other members use of Studio Four
- D Newborns are not permitted in the other workout areas
- D Please put the equipment back in its place after use
- D Studio Four is not supervised; exercise at your own risk

