

FEBRUARY 2019

| TIME | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY | |
|-------|---|---|---|---|---|---|-----------------------------------|--|
| 5:30 | | Basketball Pickup | | | Basketball Pickup | | | |
| 6:00 | TRX 6:00-6:45 | 5:30 - 6:45 | | | 5:30 - 6:45 | | | |
| 6:30 | | | | | | | | |
| 7:00 | | | | | | | | |
| 7:30 | Gym | | Gym | | | | Basketball Pickup | |
| 8:00 | Then Coffee | | Then Coffee | | | | 7:30 - 9:30 | |
| 8:30 | Weight Loss Challenge | TRX 8:30-9:00 | Weight Loss Challenge | | | | | |
| 9:30 | KidZone Fitness 9:30-10:00 | KidZone Fitness 9:30-10:00 | KidZone Fitness 9:30-10:00 | KidZone Fitness 9:30-10:00 | KidZone Fitness 9:30-10:00 | 4x4 Volleyball League 9:15 - 12:30 | | |
| 10:00 | Fitness Play 10:00 - 10:30 | Fitness Play 10:00 - 10:30 | Fitness Play 10:00 - 10:30 | Fitness Play 10:00 - 10:30 | Fitness Play 10:00 - 10:30 | | | |
| 10:30 | | | | | TRX 10:30-11:00 | | | |
| 11:00 | | | | | | | | |
| 11:30 | | | | | | | | |
| 12:00 | Basketball Pickup Members 16 & older 12:00 - 1:30 | Basketball Pickup Members 16 & older 12:00 - 1:30 | Basketball Pickup Members 16 & older 12:00 - 1:30 | Basketball Pickup Members 16 & older 12:00 - 1:30 | Basketball Pickup Members 16 & older 12:00 - 1:30 | | | |
| 12:30 | | | | | | | | |
| 1:00 | | | | | | | | |
| 1:30 | | | Pickleball 1:30 - 3:30 | | | | | |
| 2:00 | | | | | | | | |
| 2:30 | | | | | | | | |
| 3:00 | | | | | | | | |
| 3:30 | | | | | | | Family Gym | |
| 4:00 | | | | | | Family Gym | NO Organized Games 3:00 - 6:00 | |
| 4:30 | Basketball Pickup Members 16 & Older Only | Adult Basketball 4:30 - 6:30 | Basketball Pickup Members 16 & Older Only | Adult Basketball 4:30 - 6:20 | Basketball Pickup Members 16 & Older Only | NO Organized Games | | |
| 5:00 | | | | | | | | |
| 5:30 | | | | | | | | |
| 6:00 | 4:30 - 6:30 | | 4:30 - 6:20 | | 4:30 - 6:30 | 4:00 - 7:00 | | |
| 6:30 | Open Basketball League 6:20 - 9:00 | Open Volleyball Intermediate- Advanced 6:30 - 9:15 | Masters Basketball League 6:20 - 9:00 | Womens Basketball League 6:20 - 9:00 | Open Gym [half court] Pickleball [half court] 7:00 - 9:15 | | | |
| 7:00 | | | | | | | | |
| 7:30 | | | | | | | | |
| 8:00 | | | | | | | | |
| 9:00 | | | | | | | | |
| | Athletic Coordinator - Tom Meldau 521-2490 or tomm@airportclub.com | | | | | | | |