

## Child Care Tips For a Happy Visit!

1. Make sure your children have been fed and changed (diaper) before checking into Child Care.
2. **NO FOOD.** Drinks, cups with caps and baby bottles are allowed. We do request that you bring an extra bottle for a baby, since two hours is too long a time for an infant. If an older child is hungry, parents are requested to feed them in the lobby before checking in to Child Care.
3. Please try to make the Child Care time a period of the day that does not conflict with your child's nap time. It is easier for us to provide a pleasant environment for all children if they are well fed, napped and alert. Then they are ready to play!
4. Be prompt to pick up your child in Child Care. Reservations are made back to back, therefore it is imperative that a schedule is followed in order to be able to give all the children the appropriate attention.
5. If your child is new to Child Care, or if you have some concerns on how your child is doing, feel free to call from a Club phone to check on your child (Extension 2422). This is much easier on your child than coming back in to Child Care and leaving your child again.
6. Please allow an adjustment period for your child. If your child is not used to being left, plan to stay in Kids Korner during the first visit and plan another 20 minutes the next visit and maybe 10 minutes another visit. We feel this is important with infants and crawlers. It is a new experience for the child and we want it to be a happy one!
7. Please label all your personal items so the staff can locate your child's belongings. (i.e. bottles, diaper bags, clothing, etc.).
8. We do not allow children to bring any handheld games to Child Care including cell phones.

## Club Usage Policies for Children

**Exercise Equipment Rooms:** Children under the age of 12 years are not allowed in the exercise equipment rooms. This includes infants in baby seats, toddlers, etc. Members can workout in Studio 4 when it is not in use. Babies must be in carriers. Please see membership for more info.

**The Gym:** An adult must accompany youngsters under age 12. There are particular times when the gym is being used for organized volleyball, etc. that may prohibit use of the gym.

**Climbing Wall:** Children are encouraged to use the climbing wall during supervised times and/or with an adult (18+) who is belay certified. The climbing area is not a play area, Children are not allowed in the area unless they are climbing and following the climbing policies.

**Racquetball Courts:** Children are welcome and encouraged to use the racquetball courts. Eye guards are required (see Housekeeping). Parents must be in the facility.

**Swimming Pools:** All children under the age of 16 must be accompanied by an adult (18+ yrs.) at the pools at all times. There are no Lifeguards on duty.

**Locker Rooms:** Children age five or older are not allowed in the locker rooms designated for the opposite sex. We have an outside family change room by the pool to make it more convenient for families. Children under the age of 12 must be closely supervised at all times by an adult.

**Steam/Sauna:** Children under age 12 are not allowed in the steam room or sauna. Youths (12-15) can use the steam and sauna only when an adult is present.

**Outdoor Jacuzzi:** Children under the age of three are not allowed in the Jacuzzi. Children must be potty-trained. No pool toys or horseplay is allowed. An adult must accompany children under the age of 16.

**Indoor Jacuzzi:** Children under 16 are not permitted to use the indoor Jacuzzi.



Revised On: 01/10/2018



Airport Health Club

# Child Care Policy Information

Our goal is to provide an environment that is safe, friendly, stimulating and enriching for your children. Kids Korner is our regular child care for ages 6 months to 4 years old. KidZone is an exciting, fun, active program that includes a variety of sports related games, exercise, group cooperation games, and special crafts for children aged 5-13. The following policies will help us provide a child care that your children will look forward to visiting.

## Child Care Fees:

Child on parent's membership	<b>Free</b>
Child not on parent's membership/hr	<b>\$5.00</b>
Child, guest of member/per hour	<b>\$8.00</b>
Multi-Visit Discount Card	<b>\$110.00</b>
Late pick up fee (every 10 minutes)	<b>\$5.00</b>
Non cancellation fee	<b>\$7.00</b>

## Kids Korner (ages 6 mo - 4 years)

Monday through Friday	<b>8:00 am – 2:00 pm</b> <b>3:00 pm – 8:30 pm</b>
Saturday	<b>8:00 am – 2:00 pm</b>
Sunday	<b>12:30 pm – 4:30 pm</b>

## KidZone (ages 5 – 13 years)

Monday through Friday	<b>3:00 pm – 8:30 pm</b>
Saturday	<b>8:00 am – 2:00 pm</b>
Sunday	<b>12:30 pm – 4:30 pm</b>

**\*Hours change during summer and holidays.**

Your children in KidZone may be brought to Kids Korner if reservations are minimal during their visit.

## Direct Phone numbers:

Kids Korner	(707) 521-2422
KidZone	(707) 521-2450
Child Care Manager	
Connie Van Riet	(707) 521-2415

## Reservations

To be guaranteed a space, please make reservations in advance. For children *on the family membership*, reservations may be made up to **72** hours in advance. For children not on the family membership, reservations may be made no earlier than 48 hours in advance. Reservations may be made in person or by telephone. If space is not available for your child at the desired time, you may be placed on an **alternate** list and contacted if space does become available due to cancellations.

Your reserved space will be held for you for fifteen minutes after your reserved time, but your child will be allowed to stay only the length of time of the initial reservation. If you are later than fifteen minutes, your space may be given to someone on the alternate list.

## Maximum Time

Members may leave children for up to two hours per day. You may split your reservation time in two visits during the same day. Reservations are recommended. There is no guarantee of space without a reservation. You can extend your time if your child participates in Fitness Play/Fun classes. You must remain on Club premises while your child is in Child Care. There are separate policies for offsite programs.

## Cancellations

We ask that you contact Child Care immediately if you are unable to bring your child for the time reserved. If you do not contact us within half-an-hour of your reservation time to notify us of the cancellation, your account will be automatically charged a \$7.00 non-cancellation fee. This fee has been established to insure that members do not take advantage of Child Care and reserve spaces randomly and then not use them. This same fee applies to Special Events that require reservations.

## Late pick up

Members must pick up their children by the end of their reserved time. For every 10 min. increment you are late, you will automatically be charged a \$5.00 late pick up fee. Frequent late pick-ups may result in not being able to utilize our childcare.

# Check-in Procedures

- Written authorization is required if someone other than sign-in person picks up the child.
- Please make sure that you do not leave the gate or door to Kids Korner open, allowing children other than your own to leave or enter Kids Korner.
- Please do not congregate in the check in/check out area. It makes it difficult for the childcare staff to make sure no "extra" children make it past the entry/exit gate.
- Parents are asked to walk their own children to KidZone. Please make sure the KidZone staff are informed when you arrive and when you come to pick up your children.

## Other Policy Information:

***Absolutely no sick children will be accepted in Child Care.*** Children of questionable health will be denied access at the discretion of the Child Care staff. If your child becomes ill while in our care, you will be contacted immediately.

If a child misbehaves or becomes unmanageable, the parent will be informed. If there is a second incident, the child may not be permitted to come to Child Care for a period of two weeks. At the discretion of the Child Care Co-ordinator, the child could be dismissed from Child Care for two weeks after the first warning, depending upon the severity of the behavior.

Club policies have been established for the safety and well being of your children. Thanks for your cooperation!

**If you have any questions, please don't hesitate to contact Child Care Manager, Connie Van Riet**

**(707) 521-2415 or [conniev@airportclub.com](mailto:conniev@airportclub.com)**