

PILATES INSTRUCTOR TRAINING PROGRAM

Pilates Reformer 2

When:

Saturday, April 6th 2019 | 9:00am – 6:00pm
Sunday, April 7th 2019 | 9:00am – 6:00pm

Where:

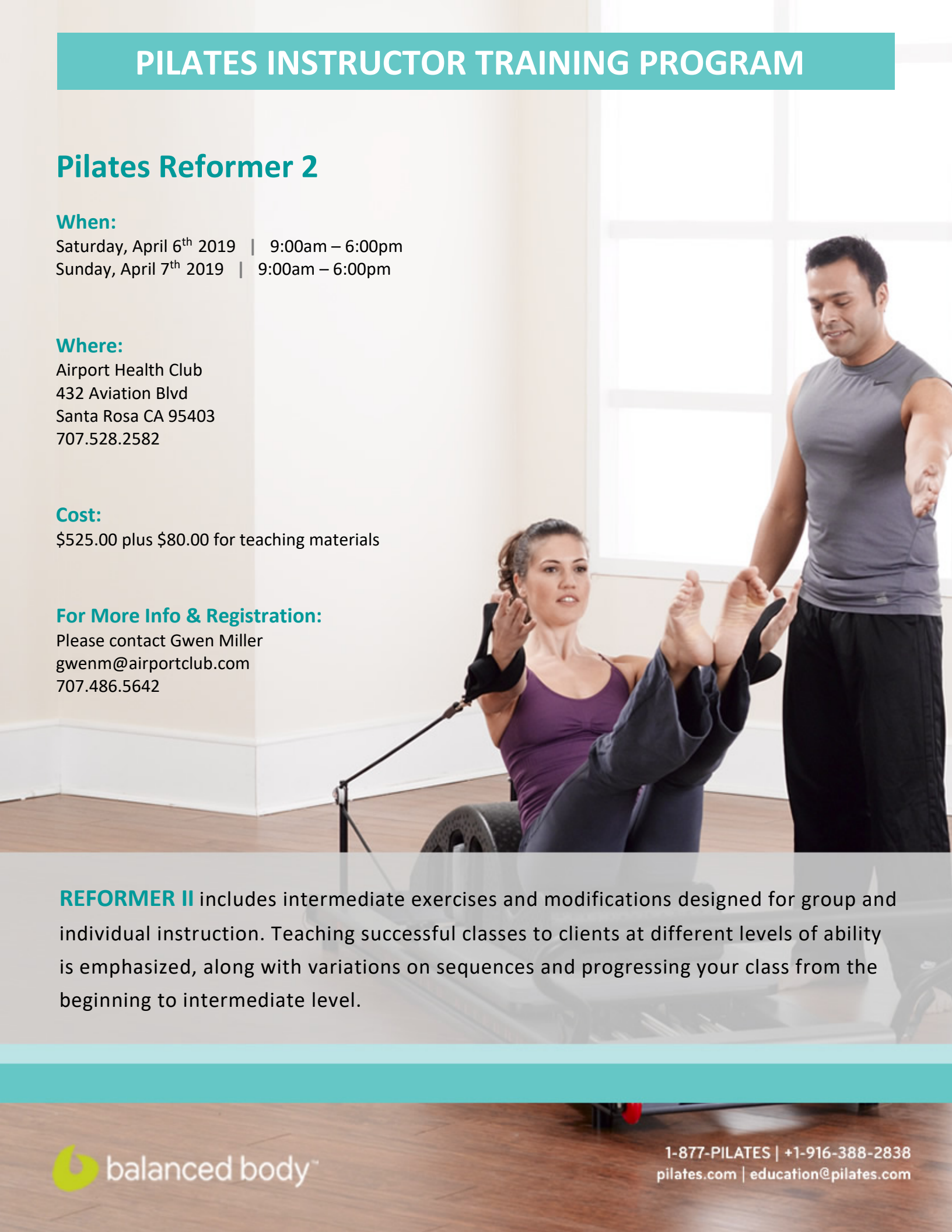
Airport Health Club
432 Aviation Blvd
Santa Rosa CA 95403
707.528.2582

Cost:

\$525.00 plus \$80.00 for teaching materials

For More Info & Registration:

Please contact Gwen Miller
gwenm@airportclub.com
707.486.5642



REFORMER II includes intermediate exercises and modifications designed for group and individual instruction. Teaching successful classes to clients at different levels of ability is emphasized, along with variations on sequences and progressing your class from the beginning to intermediate level.